



MARIBYRNONG SPORTS ACADEMY



Technical Training Guidelines 2016

Athlete Responsibilities:

1. Athletes in the technical program are required to attend **ALL** timetabled sessions unless otherwise negotiated with Sports Director, Assistant Sport Directors, Technical Teacher and Coach.
2. Injured athletes are required to attend all technical training sessions unless otherwise negotiated with Coach, Technical Teacher and Rehabilitation Coordinator.
3. If injured, an athlete is expected to follow the correct procedure.
4. If an athlete misses a training session it is expected that a note from parent/carer or a Medical Certificate is provided to Technical Teacher or Coach.
5. If an athlete knows they are going to miss a training session, it is essential that they contact the Technical Teacher or Coach at least half a day prior to the session.
6. All athletes must wear the designated JETS Technical Training uniform to all training sessions.
7. All athletes must wear appropriate footwear to all training sessions.
8. All athletes must follow the directions of Technical Teachers and Coaching staff and abide by the guidelines they set for individual technical programs.
9. If involved in a school detention that causes the athlete to miss Technical Training, the athlete should negotiate another training time with their Technical Coach. A school detention is not an excuse to miss Technical Training.

Breach of Athlete Responsibilities:

- 1st Breach: Technical Teacher or Coach will warn the athlete concerning the breach of their responsibility and record this on the Compass roll.
- 2nd Breach: Technical Teacher or Coach will warn the athlete and contact parent/carer concerning the breach of responsibilities. ***An email will be sent to the Technical Coaching Coordinator*** who will send an official warning letter by mail to the parent/carer.
- 3rd Breach: Athlete will be suspended from the Technical Training program. An interview will be organized with the Sport Director, Assistant Sport Directors and Parent/Carer concerning the athletes future in program.